



The UMW APP – *Connected!*

Appalachian District Newsletter - Fourth Quarter - 2016

President's Message:

Presidents,

In this newsletter, you will find a request for information regarding your 2017 officers. It is very important that we receive this information so our records can be correct. We want to make sure every officer is getting the newsletter so they will be informed of what is going on. Also, please let us know if you want to receive the newsletter by mail or email. You will actually get it quicker by email.

I hope everyone is planning on attending the Leadership Development Day November 5th at First United Methodist Church, Granite Falls. You will find a flyer with details in this newsletter. This is a day designed for you! All of the offices will be together except for Treasurers; so if you have been wondering what an office is supposed to do, now is the time to find out.

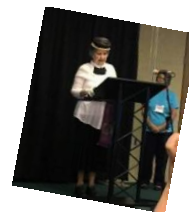
As we are getting close to the end of the year, be looking for report forms to fill out and send back to me. These will be used as we work to recognize YOUR 2016 accomplishment. Please do send them back as soon as possible.

Thanks for all your help and support.

Lorraine Burns

[828-612-7418](tel:828-612-7418)

lorraineburns@gmail.com



A GREAT TIME AT ANNUAL CELEBRATION AT LAKE JUNALUSKA – LATE NIGHT “WE’VE GOT SPIRIT” WAS A BLAST! FELLOWSHIP WAS GREAT!

APPALACHIAN DISTRICT WAS ALSO RECOGNIZED AS ONE OF THE TOP 3 DISTRICTS FOR NUMBER OF *MISSION TODAY* UNITS AND ONE OF THE TOP 3 DISTRICTS FOR NUMBER OF *JUSTICE TODAY* UNITS. CONGRATULATIONS APPALACHIAN!

GOOD JOB!

CONGRATULATIONS TO MARTHA PHILLIPS - HONORED AT ANNUAL CELEBRATION AS THE 2016 RECIPIENT OF THE 2015 ANNUAL REPORT DEDICATION.

Nominations:

Greetings UMW Sisters,

The 2017 slate of officers for the Appalachian District UMW is complete! Thank you for saying yes to serving on the District Board. Begin making plans now to attend the Leadership Training Event for local officers Nov 5, 8:30-11:30 am at Granite Falls UMC.

See you there!

Anna Bottoms

Nominations Chair Rmb52@charter.net

Treasurer:

Looking forward to fall, I hope you are making time to attend the Leadership Development Day. As your District Treasurer I want to have an opportunity to meet many of you. The information that I will share in our treasurers' breakout group is designed for both new and returning local unit treasurers. You will get a folder with forms, brochures, and helpful tips. We will cover everything you need to know about the record keeping, but there will be more than how to fill out forms. Returning treasurers, please plan to share your insight and helpful tips if you are willing to do so.

We will talk about the treasurer's role in promoting our missions at home and around the world. While the mechanics of record keeping take a lot of our time and energy, we can renew our energy by remembering the result of taking care of the money. Every time I send a check to our Conference Treasurer I think about the women and their children from North Carolina to China whose lives are made better because United Methodist Women care about them.

Bring your questions, suggestions, and concerns - I especially like to have lots of time for Q & A. This time together is for you, so be thinking about what I, and other district officers, can do to make things simpler for you and to help you serve the women of the world as we are called to do.

As I have told you a little about Gift to Mission, Special Mission Recognition, and Gift in Memory in the second and third quarter newsletters, I want to say a little about the Fifth Channel of Giving, World Thank Offering.

The World Thank Offering is an opportunity for individuals to respond to God's abundance and grace with spontaneous gifts of gratitude. Individuals or families collect such gifts in special boxes or labeled containers. Gifts are usually brought together in the unit once a year. Most units have a World Thank program at which the offerings are collected. World Thank Offering resources are found on the UMW website.

Pratt Davis,

336-657-3312

dudavis@skybest.com



Mission Education and Interpretation:

MISSION TODAY! It's still not too late to become a *Mission Today* Unit for 2016! The requirements were amended a bit last year to enable more units to meet the criteria. The present *Mission Today* criteria are included on page 9 of this newsletter. The change is that now, there is an asterisk (*) beside "The unit will contribute to all Five Channels of Mission Giving." (#10) To meet the criteria, units must complete 12 items on the list, including 6 of the 10 items marked with an asterisk (*). When your unit meets *Mission Today* status, your unit receives a certificate, implying that your unit is doing what a healthy UMW unit should be doing.

PRAYER CALENDAR! Once again, I urge you to correspond with persons listed in the *Prayer Calendar*, Number 14 on the *Mission Today* list. To assist you with this, each week I list the names and contact information from the *Prayer Calendar* on our Appalachian District Facebook page which you may find by typing "Appalachian District UMW." Nancy Reigel posts these on our webpage as well: www.appumw.com. We post them a week in advance for those of you who prefer to send cards rather than e-mail. These messages mean so much to these workers in the mission field who are reminded that we are praying for them and their work. Below is a portion of a reply from just one of the ladies to whom I have sent Birthday messages.

MISSIONARY MESSAGE! From Koni Purscell, Church and Community Worker in Appalachia, Virginia:
Thank you, Linda, and please thank all the ladies in the Appalachian District of Western NC. I imagine you have a feel for the area I work in! I'm just getting to Birthday Greetings! I spent my birthday at day camp with 40 wonderful children, and a group of even more wonderful leaders. Each July we offer a free day camp to children living in the Fort Blackmore, VA area. While these kids live in the mountains, many have little opportunity to wade in a creek, explore nature, and learn about God's love. I always end camp (and often my birthday) tired and happy! So I truly needed your prayers. I wish you God's blessings as you are about faithful service!

THANK YOU! Thanks to all of you who brought kits to our District Meetings this year! Participating in these Hands-On Mission Opportunities helped your local unit meet Mission Today Criteria #22. The Mission Response Center is in need of School Kits and Health Kits. If your unit takes kits directly to the center, or sends funds directly to the center, please let me know so that UMW can get credit for these kits. Don't forget to include \$1.00 per kit for shipping, \$1.00 for each health kit for toothpaste, and please do not place the money inside the kits. Checks should be made to UMCOR-Sager Brown. Please pack kits exactly as listed; extra items will be removed prior to shipping. Also, please use small boxes for packing your kits so that they are not so heavy to lift.

Hands-On Opportunity for Appalachian District Membership/Leadership Event: See flyer on page 8.

It is my desire to help you in any way that I can, so feel free to call on me at any time.

Love, Joy, Trust, Peace, Hope, Linda Greer

Home: 704-585-6263

Mobile: 828-244-2251

Email: jacklindagreer@bellsouth.net



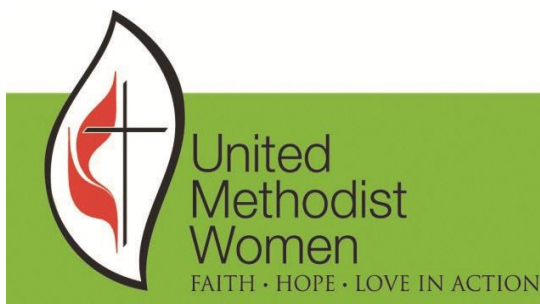
Spiritual Growth:

Greetings!!!

Autumn! Reminds me of the scripture of Ecclesiastes 3: 1, “There is a season for everything and a time for every matter under the heavens.” (CEB translation) It is also a time to be thinking about officers and coordinators for next year, 2017! We need to encourage each officer and each coordinator to attend the Officers’ Leadership Training on Saturday, November 5, at Granite Falls First United Methodist Church. As we think about our Spiritual Growth (SG) Coordinator for local units, let us pray for discernment to find the person God has prepared or will prepare to serve in this leadership role. The SG Coordinator opens each meeting with the Prayer Calendar (be sure you have yours; but, if not, the information is accessible on line at the District Website), a short devotional reading, and a prayer. Plan and promote the Call to Prayer and Self Denial Service (p.137, “Maternal and Child Health) usually early spring, and the World Thank Offering Service (p. 29, “A Community of Thankful Women”), usually in mid-fall. The page numbers listed above are for the programs for these two services from the Program Book “A Call to Community”. Another part of SG is a Spiritual Growth Retreat for Women in your unit/church. Promote attendance to the District Prayer Breakfast held in early spring and in the Spiritual Growth Retreat held at Lake Junaluska in June. Resources available are the 2017 Prayer Calendar, 2016-2017 Program Book - A Call to Community, Response magazine, SG Reading Program Books, the United Methodist Hymnal, and the United Methodist Book of Discipline. Websites available are www.unitedmethodistwomen.org www.umwmissionresources.org and Appalachian District www.appumw.com and WNCC UMW www.wnccumw.org. Another role is to prepare a Worship Center for each meeting, such as the worship center to the right from our District Annual Meeting. Worship Centers help paint a picture. They help create an illusion of your theme or program topic. They also help us remember the topic of our meeting. And remember, the most important part is to pray for guidance as you serve. “A strong woman has faith that she is strong enough for the journey, but a woman of strength has faith that it is in the journey that she will become strong.” (Author Unknown) Therefore, Go and Be a Woman of Strength as you serve our Almighty God.



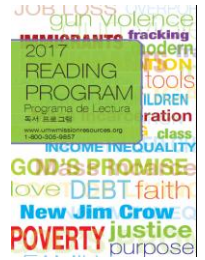
Much love and prayers,
Sherry Summerlin
Spiritual Growth Coordinator
Appalachian District UMW
(828)728-4936 stopac69@gmail.com



Program Resources

I would like to share some news to the many ladies who have asked me about the UMW Quadrennial Calendars. Yes, they are back! You can order them online at www.umwmissionresources.org or by calling 1-800-305-9857 and ask for stock #M7039 the 2017-2020 Quadrennial Calendar. These calendars should be available by the time you receive this newsletter for ordering or at upcoming district and conference events at a cost of \$10 apiece.

Also, the 2017 Reading Program books are now available. May I suggest that you purchase and/or order these books as early as possible. Mission Resources will again follow the policy set for 2016 to limit the number of books they receive to reduce the number of leftover books. Many of the 2016 books were sold out by the spring meetings. Looking through the new 2017 Reading Program catalog, you will notice that several of the books are electronic books only. That means that the books can be read on a Kindle, computer, smart phone or another tablet. If you wish to order the print version, these books will be available at Amazon since they will not be a part of the Mission Resources inventory.



As I leave the office of Secretary of Program Resources at the end of the year, I would like to say that it has been an honor and privilege to meet and talk with you at the meetings and share the love of reading with you. I encourage you to keep reading the great UMW books and expand your concepts of our mission.

Blessings to you all!
Beverlee Scott

Membership – Nurture – Outreach:

With new members, our recognition numbers increase, as does the number of women, children, and youth all over the world that we will be able to touch in missions. How many new members has your unit added? Have you had your membership event or walk for missions yet? It's not too late. Don't let anyone you know miss out on the "Joys of Membership" of UMW. Tell someone today why you are a United Methodist woman and why you love it. See the **Walk for Mission** brochure/form included on pages 11 and 12 of this newsletter.



Appalachian District Representation at Mission u

Social Action

The old saying that “The rich get richer and the poor get poorer” has never been truer than today in America. Economic inequality is a growing problem in the United States, with women and people of color earning far less than their white male-counterparts. I have provided some numbers to illustrate this:

Median Family Incomes in 2010:

White	\$65,138
Latino	\$40,785
African-American	\$39,715

Median Earning for Men and Women in 2012:

Men	\$49,398
Women	\$37,791

Family Income Growth since 1979:

Bottom 20% (those earning up to \$27,794)	-12%
Middle 20% (those earning \$49,788 - \$76,538)	+8%
Top 5% (those earning \$210,000 and up)	+75%
Top 1% (those earning 1.3 million dollars and up)	+185%

Overworked and Undervalued: Women, Race and the Economy



 1 Milk Street, 11th Floor, Boston, MA 02108 • www.faireconomy.org • info@faireconomy.org • 617-421-2128

While women make up only 46% of the total work force, they make up 75% of low wage workers and while women of color make up only 16% of the total work force, they make up 37% of low wage workers, and for every dollar that a white man earns, a Latino woman earns 54 cents, an African American woman earns 64 cents and a white woman earns 78 cents. These are only a few of the statistics that can be found in the on-line workshop *Overworked and Undervalued: Women, Race and the Economy* which can be found at:

<http://www.unitedmethodistwomen.org/economic-inequality>.

I encourage you to explore this by yourself or with your unit to learn more about the widening wage gap and what we can do to provide support and demand justice for low-wage workers. Thanks for all you do, together we can make a difference!

Peace and blessings, Kim Smith,

kimsmith@wilkes.net

336-244-1920

C.P.R. “**Feel the LUV**” care package drawings were completed at Annual Celebration – eligible unit names (those who invited a District or Conference Officer to their unit meeting between January 1, 2016 and August 24, 2016) were placed in one of eight bags (one bag per district) and one unit name was drawn by each District President. For Appalachian District:

CONGRATULATIONS TO HUDSON UMW!

Feel the... LUV

We offer to share our passion for:

- United Methodist Women
- Our Purpose
- Reading Program
- Social Action
- Mission Giving
- ANYTHING Your Unit would like us to share...LUV!

Invite a District or Conference Officer to your unit gathering starting January 1, 2016 through August 24, 2016. You will then be entered for a chance to win a C.P.R. “Feel the LUV” care package, which includes:

- Program Book
- Copy of Response Magazine
- Prayer Calendar
- Reading Program Book
- A Few Other Surprises

Committed to Purposeful Renewal

... From United Methodist Women



Historian

The very first time I went to Lake Junaluska to the UMW Spiritual Growth Retreat, there were sixteen women in our group. We all stayed in two apartment units that were located across from the Conference grounds. It was only one night, but I have remembered it many times over the years as one of those memory moments that you never forget. We were all gathered on two beds after the Friday night session, all laughing, talking, and telling funny stories when all of sudden the bed collapsed and those ladies hit the floor. After laughing 'til we cried, someone said, "Sure glad that wasn't my bed", and the laughter broke out again. Like the old motel and apartments, some of those women have been gone a long time too, but the memory of my first time at the retreat with those women of faith will not be forgotten. The women taught me to love Jesus, serve him, and that the best times come when we are staying close to the Savior. I try to share that story with all the first timers that we've taken to the lake so they will know how good it was to be together and we've been together a long time. Tell your stories, write them down, take pictures of your retreats and meetings so that years later, your members and good times will be not be forgotten.

Beverly Curtis, Historian

bfmmcurtis@gmail.com

828-291-2986



Communications:

If you missed the District Annual meeting, you missed hearing about all the great things being accomplished by our Appalachian District UMW in 2015! We celebrated 26 ***Mission Today*** units; 28 ***Justice Today*** units; 15 ***Mission Study*** units (participated in at least one mission study); 24 units with at least one new member; 39 units (to include Appalachian District UMW) that gave in all ***Five Channels of Mission Giving***; 18 units with ***Reading Program*** participants (62 individual participants); 35 of our units honored a combined total of 169 people with Gifts in Memory; 32 units honored a combined total of 251 people/groups with Gifts to Mission; and 33 units honored a combined total of 53 people with Special Mission Recognitions. Our District has definitely been "Blessed to be a Blessing". If your unit has not elected officers for 2017, now is the time to think about holding elections so your officers can attend the Leadership Development Day on November 5th. I would appreciate attendees bringing a list of their 2017 officers with updated contact information, so I can ensure each officer receives newsletters in 2017; it would also be helpful to indicate a preference of receiving the newsletter via mail or email.

Blessings,

Jan Taylor

j.kay.tay@gmail.com

UBUNTU

Ubuntu is a unique word. A Zulu phrase, it can be translated “I am only because we are, and since we are, therefore I am.” Or “I am human because you are human.” It recognizes each human being as part of a community. It moves us to action on behalf of our neighbor. Ubuntu is a celebration of being in community with people as mission.

UBUNTU 2016

Humanity toward others – Human kindness – I am human because you are human

Saturday, October 15th • 9:00am - 2:00pm

A day of hands-on mission at one of our five National Mission Institutions

Bennett College, Greensboro
Bethlehem Center, Charlotte
Bethlehem Center, Winston Salem
Brooks-Howell Home, Asheville
Pfeiffer University, Misenheimer

Register online July 1st through October 1st at www.wnccumw.org

Need more information? Visit wnccumw.org or contact your Nurturing Partner or Jatana Royster, Conference Coordinator for Membership Nurture & Outreach (jatanaroyster@gmail.com)

Appalachian District Leadership and Membership Development



Saturday, November 5th

Registration ~9:00 am Meeting ~9:30a.m. - Noon

Hands on Mission Project: UMCOR Health Kits & UMCOR School Kits

UMCOR Health Kits: hand towel, washcloth, comb, metal clippers or file, bath-size bar of soap, toothbrush-in original package; 6 bandages. Place in gallon plastic bag with \$1 for toothpaste and \$1 for shipping in separate envelopes.

UMCOR School Kits: 1 pair blunt scissors-rounded tip only-no plastic scissors; 3 pads of paper-8 ½ x 11 spiral notebooks or top-bound pads (150 sheets of loose leaf can be substituted for 1 pad)-combinations of spiral, top-bound or loose leaf is acceptable-no composition books; 1 hand-held pencil sharpener-must be at least 1 inch long-remove from packaging; 1 30-centimeter hard or flexible ruler; 6 unsharpened pencils; 1 2½-inch eraser; 1 24-count box of crayons; 1 14" x 16 " cloth bag-homemade or purchased bags acceptable-heavy duty fabric only-denim, corduroy, drapery fabric, etc.-closures optional but must be buttons, snaps or Velcro sewn in middle of opening; \$1 for shipping in a separate envelope .

Regarding all items: No advertisements, religious, patriotic, military or camouflage symbols, please - Cartoon characters are acceptable.

Location: First UMC Granite Falls
9 Lakeside Avenue
Granite Falls, NC 28630

From Boone and West

Follow US 321 South to Granite Falls. Turn right onto N. Highland Ave and, in one mile, turn left onto N. Main St. Turn right onto Lakeside Ave. (you should see the church on your right).

From Wilkesboro, Sparta and North

Follow Hwy 18 South through Wilkesboro and into Lenoir. In Lenoir, turn left onto Hickory Blvd. SE (US 321 South) and in approximately nine miles, turn right onto N. Highland Avenue. In one mile, turn left onto N. Main St., and then right onto Lakeside Avenue (you should see the church on your right).

From Statesville

Take I-40 West toward Hickory. Take exit 123B-A and take the ramp right to US-321 North, toward Hickory/Lenoir. In approximately 8 miles, take the exit ramp off US-321; turn left onto Falls Avenue; road name changes to Madison Avenue in approximately .5 mile. Turn right onto Midway Avenue (you should see the church ahead in less than ¼ mile).



Mission Today

United Methodist Women

Western North Carolina Conference

MAKE A DIFFERENCE!
Become a Mission Today Unit!!

The purpose of promoting a Mission Today Unit is to:

Energize United Methodist Women to be more involved in mission through prayer, study and action. Increase contacts between units and mission personnel and mission projects so the United Methodist Women understand where their money goes. Encourage the use of mission resources through United Methodist Women. Expand concepts of mission, including social justice as mission.

What is a Unit?

A unit is any organized group of United Methodist Women within a church or district. Some units are composed of several circles, which periodically get together for a unit meeting.

How Do We Become a Mission Today Unit?

In order to be recognized as a Mission Today Unit, UMW groups must complete a minimum of twelve of the following criteria, including six of those marked with an asterisk (*). **#1 of the Criteria is not optional. You must complete this one to become a Mission Today Unit!** Activities conducted between January 1-December 31, 2016, will be recognized at annual meetings in 2017. This is an ongoing program, so strive to become a Mission Today Unit!

CRITERIA:

- *1. **The Unit will make and meet its Pledge to Mission. (Must be completed.)**
- *2. Use the *Prayer Calendar* at each general meeting of the unit to pray for persons in mission and our mission work with women, children and youth. A new *Prayer Calendar* is printed each year and may be ordered from the Mission Resource Center.
- *3. The unit will use at least two programs from the *Program Book* during the year. A new *Program Book* is printed every year and may be ordered from the Mission Resource Center.
- *4. The unit or circle will conduct or participate in at least one mission study each year. Contact your district or conference Mission Coordinator for Education & Interpretation to learn what the studies are for each year. (If members of your unit, other than a conference or district officer, attend the conference Mission u (formerly School of Christian Mission) or your District Mission Study and your unit takes an action growing out of the study, Gift to Mission, ministry related to the study, etc., your unit will meet this criteria.)
- *5. The unit will have at least two members subscribing to **response** (1 member subscribing with units less than 15 members). Order from Magazines With A Mission, \$24.00 for a one year print subscription (includes digital subscription); \$20 for a one year digital only subscription. **New World Outlook** is also available from Magazines With A Mission, \$24.00 for a one year subscription.
- *6. The unit will implement the Charter for Racial Justice in at least two ways during the year. Possibilities are:
 - a. Have members read and discuss books and articles about other races and cultures;
 - b. Sponsor an interethnic event between two or more units;
 - c. Recruit women of color to be members and officers of the unit;
 - d. Use the "Resources for Racial Justice: Tools for UMW Leaders" handbook. (Available on our conference website on the "Downloads Available" page, and on the "Mission Today" page.)
 - e. Write to elected representatives to support legislation affecting issues such as immigration, affirmative action, low-income programs, civil rights, etc.
- *7. Become a member of the Western North Carolina UMW Justice Today (formerly Charter Club). See link to info on Justice Today at our conference website, www.wnccumw.org.

- *8. The unit will add at least two new members (one member for units with less than 15 members) to its roll.
- *9. The unit will have one program from the *Social Principles of the United Methodist Church 2012-2015*.
- *10. The unit will contribute to all Five Channels of Mission Giving.
- 11. At least one member of the unit (other than a conference or a district officer) will attend Mission u (formerly School of Christian Mission) and report back to the unit on classes and events they experienced.
- 12. At least two members (one member for units with less than 15 members), other than a conference or district officer, will attend the district or conference annual meeting and report back to the unit about the event and what they experienced.
- 13. The unit will have at least one person joining the United Methodist Women's Action Network to receive and respond to legislative information at least three (3) times a year. (To join, contact the United Methodist Women Washington Office, 100 Maryland Avenue NE, Suite 530, Washington, DC 20002. (Attach to Mission Today report what you responded to and what action was taken.)
- 14. Members will correspond with five persons listed in the *Prayer Calendar* at least once a year.
- 15. The unit will co-sponsor, with the local church, a Children's Sabbath. (This is a worship service highlighting the needs of children.) The United Methodist Women National Office and the Council of Bishops support this effort. Children's Sabbath materials are on our website.
- 16. Each unit or circle meeting will include a "**response** Moment" where an item from **response** magazine will be lifted up as a way to tell the mission story.
- 17. The unit will sponsor one teen member (ages 12 to 17) and/or one young woman member (ages 18 to 39) to at least one conference event during the year.
- 18. At least two members (one member for units with less than 15 members), other than a conference or district officer, will attend a district Prayer Breakfast, district Day Apart, or conference Spiritual Growth Retreat.
- 19. At least two members (one member for units with less than 15 members), other than a district or conference officer, will complete Plan 1 of the Reading Program and give a report to the unit on one of the books read.
- 20. The unit will invite a district or conference officer, other than a member of the unit, to one of the unit meetings during the year and/or for their United Methodist Women's Sunday.
- 21. The unit will add one new teen (ages 12 to 17) and/or one young woman (ages 18 to 39) circle during the year, or one new teen member (ages 12 to 17) or one new young woman member (ages 18 to 39) during the year.
- 22. Each unit will be responsible for supporting at least one local mission project and participate in one Conference Hands on Mission Project during the year. The local project should be listed on your Mission Today report.

Be a Mission Today Unit!

Mission Resource Center

Website: www.missionresourcecenter.org

UMW Mission Resources, 1650 Bluegrass Lakes Parkway, Alpharetta, GA 30004;

Phone: 1-800-305-9857 (toll-free); Fax: (770)280-0061; e-mail: cs@umwmissionresources.org

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Magazines with a Mission • PO Box 395 • Congers, NY 10920-0395

Conference Website: www.wnccumw.org

Updated January 2016

UMW District Calendar

November 5, 2016	District Leadership and Membership Development First UMC, Granite Falls NC
March, 2017	Prayer Breakfast (day and location TBD)
April 22, 2017	District Mission Study, Wilkesboro UMC, Wilkesboro NC
August 27, 2017	District Annual Meeting, Grace Chapel, Granite Falls NC
November 4, 2017	District Leadership and Membership Development, First UMC Taylorsville NC

UMW Conference Calendar

October 8, 2016	Leader Development Day for District Officers, First UMC, Hickory NC
October 15, 2016	WNCC UMW Ubuntu Day of Service (see flyer on page of this issue)
June 16-17, 2017	Spiritual Growth Retreat, Lake Junaluska NC
July 13-16, 2017	Mission u, Pfeiffer University, Misenheimer NC
Sept 8-10, 2017	Annual Celebration, Lake Junaluska



PARLIAMENTARY PRINCIPLES

Democratic Action

Meeting called

Idea presented

Idea considered

Majority decision made

Majority decision carried out